

A large sea turtle, likely a hawksbill, is swimming towards the right side of the frame. The turtle's shell is dark with a mottled pattern of lighter spots. Its flippers are also dark with a lighter, webbed pattern. The background is a vibrant blue ocean with a diverse coral reef visible at the bottom. The water is clear, and the lighting is bright, suggesting a sunny day.

The Villages Scuba Club

Why You Should Log Your Dives

WARREN GROSS, 04 OCTOBER 2023

5 Reasons I Log My Dives

- Documentation
 - No. of Dives
 - Type of Dives
- Memories
- Awareness
 - How did I do with air consumption, ascent rate, did I do a safety stop?
 - How can I improve?
 - Am I improving?
- Equipment maintenance
 - How many dives since my last regulator service?
 - Issues with equipment
- Equipment configuration
 - How much weight did I use? what tanks did I use? Which wetsuit?

Paper or Electronic?

- Filling out a paper log causes me to reflect on that dive a bit more.
- My electronic log allows me to more easily compare dives over time, is more portable, and won't get lost.
- Why not both?