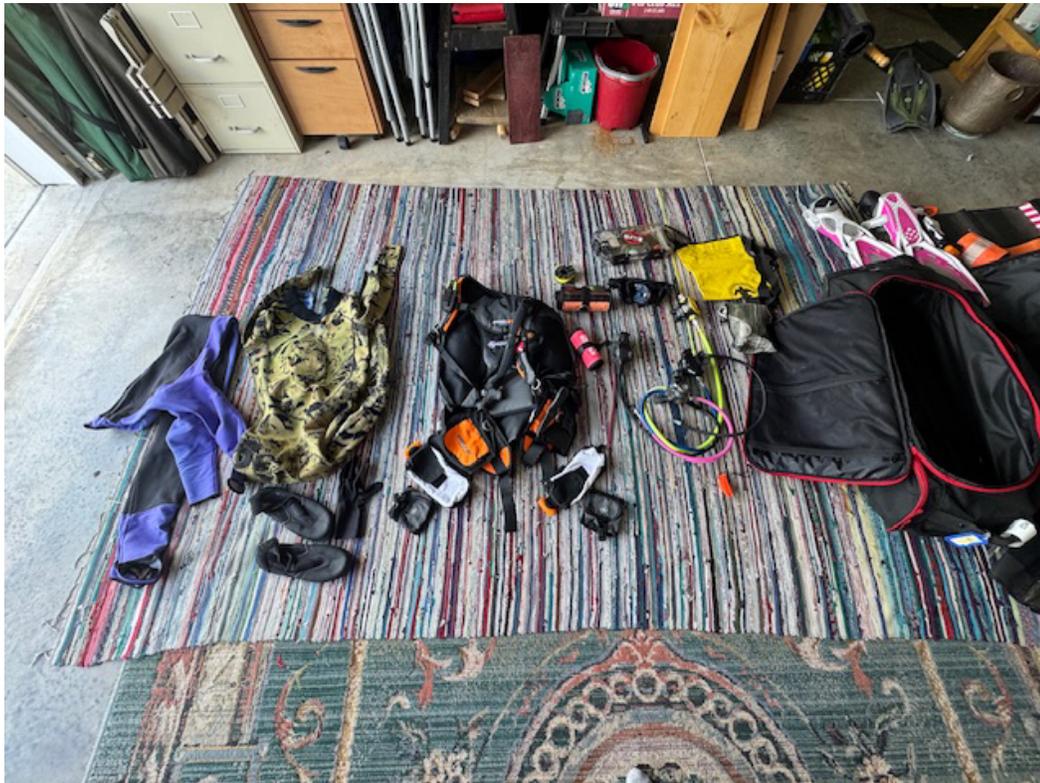


## Notes for Packing for A Dive Trip Presentation – Gary D Chapman – 05 Nov 2025

### Part I

How to pack for a dive trip:



Lay out your gear:

Put all neoprene and/or skin/rash guards, booties, hoods/beanie and gloves in one spot (ask whether gloves are allowed in your destination), BCD, weight pockets and additional pockets out.

Regulator and computer and/or gauges if used

Usually mandatory - safety sausage and reel if you use one

Have a mask and snorkel

Socks for booties

Whistle

Pointer

Fins, dry bag or a wet bag for gear if local

Have your own mini repair kit (replacement mouthpiece, O-rings, extra hoses depending on age of BC and regulator) - as trip leader, I bring other assorted items that people may need

I always have a line cutter which works very well, I do have a knife but have never used it.

Weights if local diving and your own tanks which must be within hydro and Visual inspections (in date).

Based on the water temperature and how cold you get, for places like Galapagos, I use a heated vest and 6mm full suit with hood and gloves.

A reef hook if required or is provided by resort or boat and a 12 to 14 inch pointer so as never to touch the reef.

Defog for mask – boat or resort normally have it available. If your sensitivity is for some brands bring your own.

Lights - usually require a primary and a back-up. A tank light is your choice. Bring your own batteries and/or charger. Chem lights in many areas are not recommended.

Snorkeling with the Blue Whales - spent a lot of time in the sun. Sunscreen and a body covering are a must.



Personal items that you may need:

Soap and shampoo if it's not provided – Know before you go FAQs should let you know (or trip leader)

A wind breaker/rain gear and a warm hoodie and jacket – I have never flown on a warm airplane or been in a warm airport restaurant in my life.

More than one bathing suit and make sure one is in your personal gear in case your dive bag/luggage is lost.

Now is the time to make sure ALL your gear has your name on it, with dive paint pen or sharpie.

Most dive boats and dive centers have a water bottle but having your own just in case is handy.

## **Now a trip spoiler:**

Check and recheck that you have your PASSPORT (must have pages remaining and at least 6 months prior to expiration). Have a copy of required dive cards and nitrox card.

Have a copy of your dive log as most resorts have a stamp that can be used. I usually have a yearly Physical which I keep in a copy on my phone.

Put a Copy of Passport in your dive bag and your personal bag. Always have a copy of all cards on your mobile phone.

Bring cash – always important - if you can get currency from your bank do it.

If carrying US bills, bring bill not larger than \$20 and must be new bills with no rips or tears – They will not be accepted them.

## **Part II**

There are numerous personal items that you may wish to bring on a Dive Trip – Things to consider based on Liveaboard or Land-based resort.

Sun Coverup for all trips not just diving – Coral Reef Safe

Personal. Medications, vitamins, ear drops - All need to be in small quantities and in your carry-on. Always make sure spouse/roommate knows where your meds are. Have a picture in your phone.

Make sure you have an alarm clock.

If you have ear problems or are very slow at clearing your ears – Benadryl works if you take the night before. Be aware if it should interact with any of your medication.

Sunscreen is a priority recommendation (Stream-to-Sea) environmentally friendly. Be aware that putting lotions of any kind on one's face can cause a mask to leak!!!

Insect Repellent - Deet Products I consider the best; Sawyer makes a product that has a 12-hour residual time before reapplication, oilless and scentless.

If on liveaboard, sea sickness medication

Cameras -Are an individual thing – battery charging units and cords all must have to be used on 110/220V.

A few small suction cups or the command 3M holders work very well. Great for cruising as well.

Have an emergency contact and give to your cabin partner or Team leader (Diving, snorkeling and just being around hotels, water and slippery decks can cause problems). Just be safe and think ahead.

Let your bank and specific credits cards know you are traveling (your choice) – not required any longer though.

Know your phone plan – you could have a crazy phone bill if you do not know your overseas plan. Most of the time if you stay on “free wifi, you can do most all communication while on airplane mode.

Confirm all your reservations 24 hours prior – for any and all questions, talk to your trip leader- let us help which will make for a much smoother trip and less stress.

Airline changes are coming!! Be aware of your rights as a consumer passenger. If possible, allow a long enough flight delay before an international flight just in case.











dive trip.

Have a delightful evening and salute to our next